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Editorial-I

Now-a-days, Pelvic Inflammatory Disease (P.I.D) mostly affects the teenagers. The causative organisms are Neisseria gonorrhea & Chalamydia trachomatis of course, normal bacteria found in vagina & in the cervix can sometimes cause P.I,D.

Women who douche may have higher risk of developing P.I.D. and women who have intrauterine contraceptive device have slightly increased risk.

Patient presents with low grade fever, abdominal pain, back pain, painful menstruation, vaginal discharge, irregular menstrual bleeding.

It should be differentiated with appendicitis, ectopic pregnancy septic abortion, ruptured ovarian cyst, twisted ovarian cyst, degeneration of myoma, acute enteritis, endometriosis, spasm of pelvic muscle, pelvic congestion syndrome, ovarian remnant, I.B.S. (irritable bowel syndrome) & psychosomatic factors.

The complication of P.I.D., can become chronic leading to adhesion of reproductive organs, infertility and ectopic pregnancy.

Sonological features include Fluid filled sausage shaped cystic structures with incomplete septa or swollen membrane, cog wheel type appearance of breads on a string appearance is seen. Moderate amount of fluid in the pouch of Douglas is expected. A multicystic structure with thick wall and thick septa filled with homogenous echogenic material like ground glass appearance is at times encountered.

The specific patient history, clinical findings and ultrasound findings are the prerequisite for correct diagnosis of P.I.D.

And treatment-management is directed to the cause.